

# DIETETICS

Subjects available to choose from on each year/semester are marked with ECTS points and highlighted in colour

Lp	subject name	1st year		2nd year		3rd year		4th year
		1st semester	2nd semester	3rd semester	4th semester	5th semester	6th semester	7th semester
1	Human Nutrition	4	3					
2	Work Organization		1					
3	Food technology and Product knowledge	4	3					
4	Fundamentals of Dietetics		1					
5	Initial Traineeship in the Hospital		4					
6	Traineeship in Social Care Center		2					
7	Meal Technology Traineeship		3					
8	Human Anatomy	4						
9	Human Physiology	4						
10	Food Chemistry	2						
9	General Psychology	2						
10	Parasitology		2					
11	Medical Biology	2						
12	Qualified First Aid	2						
13	General and Food Biochemistry		3					
14	Genetics		2					
15	Public Health/ Health Promotion		2					
16	Sociology/ Pedagogy	1						
17	General and Food Microbiology		2					
18	Law and Economics in Health Protection			3				
19	Bromatology / Human nutrition over the centuries			1				
20	Analysis and evaluation of food quality			3				
21	Fundamentals of the nutrition workshop			3	2			
22	Communication with the patients / Sign language			2				
23	Clinical outline of diseases			3	2			
24	Lifestyle and health/ Food storage			3				
25	Dietotherapy / Nutrition in the hospital				2			
26	HACCP system in mass nutrition facilities				2			

27	Nutrigenomics / Laboratory diagnostics			3			
28	Functional and special-purpose food			2			
29	Practice in the diet counseling center and nutrition department in the hospital			1	3		
30	Traineeship in the Hospital				5		
31	Psychology of health and nutrition				3		
32	Overweight and obesity of children, adolescents and adults				2		
33	Dietary supplements				2		
34	Health training				3		
35	Endurance training				3		
36	Theory and methodology of physical activity				4		
37	Physical activity and its role in a healthy lifestyle				3		
38	Psychological and sociological methods used in dietary counseling				2		
39	Intellectual property protection					2	
40	Pharmacology and nutritional pharmacotherapy and drug-food interaction					3	
41	Hygiene, toxicology and food safety					4	
42	Nutrition and dietetics laboratory					4	
43	Nutrition education						3
44	Methodology of Scientific Research/ Medical didactics						2
45	Pediatric dietetics						3
46	Food policy of the population / Basics of epidemiology						3
47	Practical Dietetics and unconventional diets/ Equipment in the food industry						2
48	Traineeship in the clinic of diseases of the digestive system and metabolic diseases					3	
49	Practice at a children's hospital						3
50	Socio-cultural determinants of health behaviors					2	
51	Sociology of nutrition					3	
52	Mental health and nutrition					2	
53	Psychotherapy and relaxation techniques					2	
54	Mental and addiction disorders						4
55	Psychology of stress and quality of life						4
56	Individual techniques supporting the psychophysical development of man						3
57	Trening funkcjonalny					2	
58	Nutrition of various groups of the population					3	
59	Individual training programs					4	
60	Training of women and seniors						6

61	Supplementation in sport						3	
62	Nutrition and ability to exercise						2	
63	Preparing menus with computer techniques					3	3	
64	Alternative diets					1		
65	Dietary counseling						5	
66	Eco food						3	